

# Autumn Menu Week 1

**Mill Hill**

WC 8th 27th Sept, 18th October, 15th November & 6th December

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main and Sides</b>				
Beefburger in a Bun V Sausage in a Bun Chipped Potatoes Peas and carrots	Cottage Pie V Macaroni Cheese Green Beans & Sweetcorn Crusty Bread	Roast Chicken Stuffing and Gravy V Vegetable Roast Medley of Vegetables Roast Potatoes 50/50 Bread	Mexican Tortilla Boats V Veggie Curry Savoury Rice Carrots & Broccoli Pitta Bread	Fish V Cheese & Onion Quiche Chips Peas Wholemeal Bread
<b>Additional Options</b>				
Bean or Tuna Jacket Ham Sandwich Tuna & Sweetcorn Pasta Pot Ham & tomato Panini	Tuna or Cheese Jacket Egg Mayo Sandwich Tomato & Basil Pasta Pot Cheese Panini	Veggie Curry or Baked Bean Jacket Chicken Sandwich Creamy Cheese Pasta Pot Roast Veg Panini	Cheese or Bean Jacket Tuna Mayo Sandwich Roast Vegetable Pasta Pot Chicken & Tomato Panini	Chicken & Sweetcorn or Tuna Jacket Cheese Sandwich Chicken Pasta Pot Tuna Panini
<b>Desserts</b>				
Sticky Date and Apple Bar Fresh Fruit or Fruit Yoghurt	Cheese and Crackers Fresh Fruit or Fruit Yoghurt	Fruit Muffin Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt

# Autumn Menu Week 2

Mill Hill

WC 13th Sept, 4th Oct, 1st & 22nd Nov, 13th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main and Sides</b>				
Chichen Quesadilla with Rice V Veggie Pasta Sweetcorn & Green Beans Wholemeal Bread	Pasta Bolognese V Cauliflower & Broccoli Cheese Mixed Greens & Carrots Garlic Bread	Sausage Toad in the Hole & Onion Gravy V Veg Casserole & Dumplings Creamy Mashed Potatoes Broccoli & Swede Herby Bread	Cheese and Tomato Pizza V Veggie Fajita Diced Potatoes Crunchy Veg Sticks	Fish Fingers & Ketchup V Cheese Pastry Chipped Potatoes Carrots and Peas Pumpkin seed bread
<b>Additional Options</b>				
Tuna or Baked Bean Jacket Cheese Sandwich Chicken & Sweetcorn Pasta Pot Roast Veg Panini	Chicken Mayo or Cheese Jacket Tuna & Cucumber Sandwich Roast Veg Pasta Pot Cheese Panini	Veggie Chilli or Tuna Jacket Ham Sandwich Creamy Cheese Pasta Pot Ham & Tomato Panini	Bean or Tuna Jacket Egg Mayo Sandwich Tuna Pasta Pot Tuna Melt Panini	Cheese or Baked Bean Jacket Potato Chicken Sandwich Tomato & Basil Pasta Spicy Chicken Panini
<b>Desserts</b>				
Sultana & Oat Cookie Fresh Fruit or Yoghurt	Cheese and Crackers Fresh Fruit or Yoghurt	Fruit Mousse Fresh Fruit or Yoghurt	Apple & Berry Crumble & Custard Fresh Fruit or Yoghurt	Fruit Shortcake Fresh Fruit or Yoghurt

# Autumn Menu Week 3

Mill Hill

WC 20th Sept, 11th Oct, 8th & 29th Nov

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main and Sides</b>				
Minced Beef and Yorkshire Puddings V Veg & Bean Tortilla Boat 1/2 jacket Potato Mixed Vegetables Poppy Seed Bread	Dippers & Potato Wedges with Ketchup V Cheese & Tomato Pasta Green Beans & Sweetcorn Herby Bread	Roast Pork & Apple Sauce V Falafel Burger Mashed Potatoes & Gravy Carrots & Broccoli 50/50 Bread	Chicken Korma & Rice V Cheese Leek & Potato bake Green Beans & Cauliflower Naan Bread	Battered Fish V Roast Veg Parcel Sweetcorn & Peas Chipped Potatoes Sunflower Seed Bread
<b>Additional Options</b>				
Cheese or Baked Bean Jacket Tuna Sandwich Roast Veg Pasta Pot Cheese Panini	Baked Bean or Tuna Jacket Egg Mayo Sandwich Tuna Pasta Pot Roast Veg Panini	Tuna or Chicken Mayo Jacket Cheese Sandwich Chicken Pasta Pot Chicken & Tom Panini	Veg Curry or Baked Bean Jacket Potato Chicken Mayo Sandwich Tomato & Basil Pasta Pot Tuna Panini	Chicken Mayo or Cheese Jacket Potato Ham Sandwich Creamy Cheese Pasta Pot Ham Panini
<b>Desserts</b>				
Chocolate Crispy Fresh Fruit or Fruit Yoghurt	Cheese & Crackers Fresh Fruit or Fruit Yoghurt	Fruit Roly Poly and Custard Fresh Fruit Salad or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Iced Swiss Bun Fresh Fruit or Fruit Yoghurt